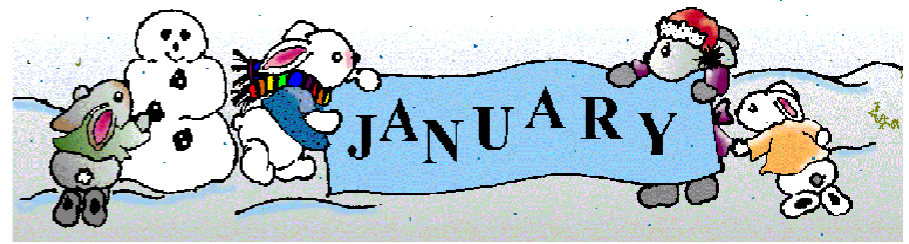


Northwest Lutheran School

Lunch Menu



Name: _____ Grade: _____

Monday	Tuesday	Wednesday	Thursday	Friday
2 <u>NO SCHOOL TODAY</u>	3 CHICKEN NUGGETS BBQ DIPPING SAUCE PEAS & CARROTS SLICED CINNAMON APPLES PRETZEL GOLDFISH CRACKER CHOICE OF MILK	4 SALISBURY STEAK W/ GRAVY SEASONED MASHED POTATOES WHOLE WHEAT BREAD MARGARINE CHILLED PEACHES CHOICE OF MILK	5 TURKEY HAM AND CHEESE CHEF SALAD RANCH DRESSING DINNER ROLL W/ MARGARINE FRESH PEAR NACHO CHEESE DORITOS CHOICE OF MILK	6 <u>BAG LUNCHES</u> TURKEY BOLOGNA AND CHEESE WRAP W/ MAYO 100% GRAPE JUICE FRESH PEAR OREO SNACK PACK CHOICE OF MILK
9 WHOLE GRAIN PEPPERONI PIZZA GREEN BEANS CHILLED APRICOTS 100% RAZZBERRY JUICE CHOICE OF MILK	10 AMERICAN CHEESEBURGER KETCHUP AND MUSTARD POTATO WEDGES APPLESAUCE CHOICE OF MILK	11 SOFT SHELL BEEF TACOS WITH SHREDDED CHEESE, SOUR CREAM AND TACO SAUCE CORN KERNELS SEASONAL FRUIT CHOICE OF MILK	12 SWEDISH MEATBALLS WHOLE GRAIN ROTINI PASTA CELERY STICKS W/ RANCH FRESH APPLE CHOICE OF MILK	13 <u>BAG LUNCHES</u> TURKEY SALAMI AND CHEESE SANDWICH W/ MUSTARD 100% PINEAPPLE JUICE BABY CARROTS W/ RANCH NACHO CHEESE DORITOS CHOICE OF MILK
16 <u>NO SCHOOL TODAY</u>	17 CHICKEN FAJITAS FLOUR TORTILLA SOUR CREAM & TACO SAUCE CRINKLE CUT CARROTS TROPICAL FRUIT SALAD CHOICE OF MILK	18 TURKEY HOT DOG ON A BUN KETCHUP AND MUSTARD SWEET GARDEN PEAS MANDARIN ORANGES CHEETOS CHOICE OF MILK	19 CRISPY CHICKEN ROLL-UPS ON SOFT FLOUR TORTILLAS TOSSED SALAD RANCH DRESSING PACKET CHILLY VERY BERRY FRUIT CHOICE OF MILK	20 <u>BAG LUNCHES</u> TURKEY HAM AND CHEESE WRAP WITH MAYO 100% RAZZBERRY JUICE FRESH PEAR KICKIN' RANCH GOLDFISH CHOICE OF MILK
23 BARBECUE CHICKEN SANDWICH POTATO WEDGES W/ KETCHUP FRESH APPLE LAYS POTATO CHIPS CHOICE OF MILK	24 TANGERINE CHICKEN WHOLE GRAIN BROWN RICE CRUNCHY BROCCOLI FLORETS WITH RANCH CHILLED PINEAPPLE CHOICE OF MILK	25 NACHOS SUPREME WITH SHREDDED CHEESE, SOUR CREAM AND TACO SAUCE REFRIED BEANS FRESH PEAR CHOICE OF MILK	26 ITALIAN TURKEY MEATBALL SUB MOZZARELLA CHEESE TOSSED SALAD DRESSING PACKET SLICED CINNAMON APPLES CHOICE OF MILK	27 <u>BAG LUNCHES</u> TURKEY AND CHEESE SANDWICH W/ MUSTARD FRESH APPLE BABY CARROTS W/ RANCH CHOICE OF MILK
30 CLASSIC HAMBURGER LETTUCE & TOMATO ROASTED RED POTATOES MUSTARD & KETCHUP FRESH PEAR CHOICE OF MILK	31 WHOLE GRAIN PENNE PASTA BAKE GARLIC BREASTICK BABY CARROTS WITH RANCH CHILLED APRICOTS CHOICE OF MILK		** 100% PORK FREE MENU	<u>MILK OPTIONS:</u> SKIM WHITE SKIM CHOCOLATE MENUS SUBJECT TO CHANGE

*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.